

Appendix A: Final Rule Requirements

The table below outlines the LSWP requirements with clarifying information. LEAs should review this information prior to conducting their Triennial Assessment.

At a minimum, LSWP must include specific goals in the areas below. Districts are required to review and consider evidence-based strategies in determining these goals:

- Nutrition education and promotion
- Physical activity
- Other school-based activities that promote student wellness

Category	Requirement
Standards and Guidelines for All Foods and Beverages Sold to Students on School Campus during the School Day	<ul style="list-style-type: none"> • Current meal program requirements <ul style="list-style-type: none"> ○ Requirements must be consistent with the federal meal standards for the National School Lunch Program (NSLP) and School Breakfast Program (SBP) and/or other federal nutrition programs available at school. • Current competitive food and beverage standards* <ul style="list-style-type: none"> ○ Federal competitive food and beverage standards are known as Smart Snacks in Schools. *NOTE: California competitive food and beverage standards are slightly different than Smart Snacks. Refer to the CDE Competitive Food Quick Reference Guide web page available at https://www.cde.ca.gov/ls/nu/he/compfoods.asp • Food and beverage marketing/advertising <ul style="list-style-type: none"> ○ Marketing is defined as advertising and other promotions in schools. ○ School marketing of food and beverage items must meet the competitive food and beverage standards. ○ Marketing policies must apply to products on the exterior of vending machines, posters, menu boards, coolers, trash cans, and other food service equipment, as well as cups used for beverage dispensing. Immediate replacement of such items is not required. However, as districts review new contracts and consider replacing durable equipment, decisions should reflect the applicable marketing guidelines established in the LSWP.
Standards for all foods and beverages	<ul style="list-style-type: none"> • The district has discretion in establishing food and beverage standards for items offered but not sold to students on the school campus during the school day. Districts need to have a policy in

Category	Requirement
provided, but not sold, to students during the school day	place that addresses food and beverage items provided in school, but not made available for sale.
The position(s) of the person(s) responsible for the implementation and oversight	<ul style="list-style-type: none"> • Methods could include posting the information on the district web page or mailing letters to families. Districts have discretion designating the responsible person(s) for leadership. The U. S. Department of Agriculture (USDA) recommends that the contact information, such as phone numbers or e-mails, also be included in the public disclosure, but is not required.
A plan for public involvement in the LSWP	<ul style="list-style-type: none"> • Districts are required to involve, inform, and update the public about the content and implementation of the local school wellness policy. • Districts must allow stakeholders to participate in the development, implementation, and periodic review and update of the LSWP. • Stakeholders may include, but are not limited to parents, students, school food authority representatives, P.E. teachers, school health professionals, Supplemental Nutrition Assistance Program Education (SNAP–ED) coordinators or educators, the school board, school administrators, and the general public. • Districts must include a plan for involving the required stakeholders in the written LSWP. • Districts must notify households on an annual basis of the availability of the LSWP and provide information that would enable interested households to obtain additional details. The FR provides districts flexibility to determine the most effective method of providing this notification within their communities.
Description of the plan for measuring LSWP implementation, and for public reporting of LSWP content and implementation activities. This includes the	<ul style="list-style-type: none"> • Districts are required to: <ul style="list-style-type: none"> ○ Assess compliance with their LSWP within three years of their update and to make this assessment available to the public. The assessment must include, at a minimum, compliance with the LSWP, how the LSWP compares to model LSWPs, and progress made in attaining the goals of the LSWP. ○ Annually report on each of its schools’ progress toward meeting the local school wellness policy goals over the previous school year. ○ Make appropriate updates or modifications to the local school wellness policies based on the triennial assessments and annual reports.

Category	Requirement
Triennial Assessment	
All LSWPs must include the USDA non-discrimination.	<p>The short statement- “This institution is an equal opportunity provider.”- can be used for web postings and shorter documents.</p> <p>The full statement must appear at the end of the full LSWP, which can be found at: http://www.cde.ca.gov/ls/nu/cr.1</p>