

East Nicolaus Joint Unified School District / East Nicolaus High 2016-2017

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast Pork Sausage Patty	Waffle, Ego Mini	Scrambled Egg, Cheese&Bacon	Egg Omelet w/Colby Cheese	French Toast Pork Sausage Patty
Blueberry Muffin	Oatmeal Chocolate Chip Benefit Bar	Whole Grain Biscuit	English Muffin	Yogurt Parfait
Mini Bagel	Cinni Minni	Yogurt Parfait	Apple Cinnamon Benefit Bar	Bagel Thin w/CreamCheese
Cereal - Variety	Cereal-Variety	Muffin – Variety	Cinni Mini	Cereal- Variety
Go Big Yogurt String Cheese	Go Big Yogurt String Cheese	Mini Bagel	Cereal - Variety	Cereal- Variety
Milk - Variety	Milk - Variety	Cereal - Variety	Go Big Yogurt String Cheese	Go Big Yogurt String Cheese
		Go Big Yogurt String Cheese	Milk - Variety	Milk - Variety
		Milk - Variety		

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Spicy Bean&Cheese Burrito	Krispy Ckn Sandwich&Wedge Fries	Macaroni&Cheese	Popcorn Chicken Bowl	Hamburger or Cheese Burger &Wedge Fries
Turkey/Cheese Sandwich	Turkey /Cheese Sandwich	Sweet n Sour Chicken & Brown Rice	Chicken or Cheese Tamale & Black Beans	Spicy Buffalo Wings & Roll
OrangeCkn&Brown Rice	Teriyaki Chicken &Brown Rice	Turkey /Cheese Sandwich	Turkey /Cheese Sandwich	Turkey/Cheese Sandwich
Caesar Salad w/Caesar Dressing	Garden Salad	Caesar Salad w/Caesar Dressing	Mandarin Orange Salad	Caesar Salad w/Caesar Dressing
Fresh Fruit-Variety	Fresh Fruit	Fresh Fruit	Fresh Fruit	Milk-Variety
Milk-Variety	ShakerSalad &Dressing w/ Entre'	Milk-Variety	Milk-Variety	ShakerSalad &Dressing w/ Entre'
ShakerSalad &Dressing w/Entre'		ShakerSalad &Dressing w/ Entre'	ShakerSalad &Dressing w/ Entre'	

\*This institution is an equal opportunity provider