

**East Nicolaus Joint Unified School District/ East Nicolaus High 2016-2017**

**Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday
* French Toast Pork Sausage Patty	* Waffle Ego Mini	* Scrambled Egg Cheese & Bacon Whole Grain Biscuit	* Scrambled Egg Cheese & Bacon Whole Grain Biscuit	* French Toast Port Sausage Patty
* Blueberry Muffin	* Oatmeal Chocolate Chip Benefit Bar	* Yogurt Parfait	* Apple Cinnamon Benefit Bar	* Bagel Thin w/Cream Cheese
* Mini Bagel	* Cinni Mini	* Muffin – Variety	* Cinni Mini	* Yogurt Parfait
* Cereal – Variety	* Go Big Yogurt String Cheese	* Mini Bagel	* Cereal – Variety	* Cereal – Variety
* Go Big Yogurt String Cheese	* Milk - Variety	* Cereal – Variety	* Go Big Yogurt String Cheese	* Go Big Yogurt String Cheese
* Milk - Variety		* Go Big Yogurt String Cheese	* Milk - Variety	* Milk - Variety
		* Milk - Variety		

**Lunch**

Monday	Tuesday	Wednesday	Thursday	Friday
* Spicy Bean & Cheese Burrito	* Krispy Chicken Sandwich & Wedge Fries	* Macaroni & Cheese	* Popcorn Chicken Bowl	* Chicken Pasta Parmesan
* Turkey/Cheese Sandwich	* Turkey Wrap	* Sweet n Sour Chicken & Brown Rice	* Chicken or Cheese Tamale & Black Beans	* Krispy Chicken Sandwich & Wedge Fries
* Orange Chicken & Brown Rice	* Teriyaki Chicken & Brown Rice	* Ham/Cheese Sandwich	* Turkey Wrap	* Spicy Buffalo Wings & Roll
* BBQ Chicken Slider w/Roll	* Garden Salad	* Caesar Salad w/Caesar Dressing	* Garden Salad	* Milk – Variety
* Caesar Salad w/Caesar Dressing	* Fresh Fruit	* Fresh Fruit	* Fresh Fruit	* Shaker Salad & Dressing (w/Entré)
* Fresh Fruit – Variety	* Shaker Salad & Dressing (w/Entré)	* Milk – Variety	* Milk – Variety	
* Shaker Salad & Dressing (w/Entré)		* Shaker Salad & Dressing (w/Entré)	* Shaker Salad & Dressing (w/Entré)	